

Purpose:

To establish a uniform guideline for managing situations where personnel and equipment have been exposed to bed bugs. The goals are to minimize the exposure and eliminate the hazard.

Scope:

This SOG applies to all BCoFR personnel.

Procedure:

Preventing Bed Bug Infestations

Response Precautions

- 1. Identify premise information while enroute.
- 2. Have one responder stay on alert for signs of bed bugs: actual living or dead bugs, fecal/blood spots, red welts/bite marks on patient, bed bug eggs or bug skin casts.

On discovery

- 1. Immediately don PPE- gown/sleeves, shoe covers, gloves.
- 2. Limit the number of personnel inside the residence to essential-only.
- 3. Limit contact of medical equipment on soft services, like beds and sofas.

Transporting your Patient

- Have patient remove as much extra clothing as possible, while maintaining the patient's dignity.
- 2. Wrap the patient in a cocoon of bed sheets.
- 3. Do not carry additional riders from the residence, unless a minor or second patient.
- 4. Refrain from carrying any personal belongings with the patient.
- 5. Notify County-10 for APS/CPS referral and to update any premise data.
- 6. Notify the ER to prepare for arrival of the patient.
- 7. Perform self-inspections when possible without taking away from patient care. Place any found bugs in a ziploc bag for identification. (cuffs, seams, shoes, buttons)
- 8. At all times, personnel should be respectful of patient privacy and dignity. We should not create unnecessary embarrassment for the patient.

Document

- 1. Document any referral information in the patient's PCR
- 2. Fill out a "Bed Bug Exposure Form" and submit to shift Lieutenant.
- 3. Notify any other agencies that came in contact with the patient or home.

Decontamination of Personnel and Equipment

- 1. Units shall be placed out of service for decontamination & remain outdoors in a well-ventilated space.
- 2. Do not enter station living quarters (bedroom, kitchen, locker areas, tv rooms) if avoidable until uniform is removed and a shower is taken. Transport uniforms from bathroom to laundry in a closed plastic bag.
- 3. Place uniforms directly in a clothes dryer on high heat for at least 20 minutes. Then wash and repeat drying. Thoroughly wipe boots with 91% alcohol.
- 4. Use 91% alcohol or other "bed bug specific" solution to spray & wipe all equipment and medic unit interior. Pay close attention to the stretcher pad and seams, equipment bags, and seating areas. *Do NOT use 91% alcohol in a fogger*
- 5. Place bed linens in a biohazard bag for proper disposal.
- 6. In any situations where bed bugs are noticed in a station, the Lieutenant is to be notified and Administration will request an exterminator.

Diligence and Prevention

- 1. Wash mattress covers on beds and personal bed linens once a month...
- 2. Clean and vacuum living areas regularly.
- 3. If you must store items near or under beds, ensure they are in plastic bins with tight fitting lids.
- 4. Avoid bringing secondhand furniture into stations.
- 5. Never take suspected contaminated uniforms home to wash.